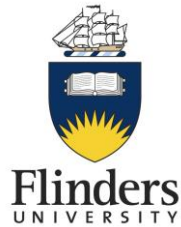


FLINDERS UNIVERSITY
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Flinders Human Behaviour & Health Research Unit

Releasing Children's Shining Potential

**Improving the social and emotional wellbeing of
primary school children through Journeywork**

Journey into Schools Report
August 2010

Study Design

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Chapter 2

Study Design

This study used a pre-test / post-test design which included questionnaires as well as group and individual interviews to evaluate the impact of Journeywork on the social and emotional wellbeing and academic progress of a selection of primary school students.

Figure 2 shows a diagrammatic overview of the study. The three phases included:

Recruitment of schools (Principals, teachers, support staff) and participants (parents and children)

Implementation of Journeywork and the Journey Program in one Year 3 or Year 4 classroom, in School Terms 2 and 3 (group and individual sessions)

Evaluation: Quantitative and qualitative methods

Data were obtained from a variety of informants, using a number of different data collection methods. This triangulation of data ^[20-22] provided access to a multiplicity and diversity of perspectives and data for analysis.

Ethical approval to conduct the study was granted by the Flinders University Social and Behavioural Research Ethics Committee, the Victorian Department of Education and Early Childhood Development Office for Policy, Research and Innovation, and the Catholic Education Office Archdiocese of Melbourne.

Figure 1: Overview of study design

